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# 'What works?' publications

Barnardo's has been promoting an evidence-based approach to children's services since the mid-1990s. During the past 10 years we have commissioned leading academics and expert practitioners to review research about 'What works?' for children in a wide range of subject areas. We are now re-launching the series of 'What works?' publications, bringing the material up to date and also including new titles.



### What works in adoption and foster care?

Since the publication of the original version of *What works in adoption and foster care? (What works in family placement?)*, there has been renewed interest in family placement, its effectiveness and value for money. This revised edition reviews changes in policy and practice and features new material in the field of adoption and foster care and on kinship care. *What works in adoption and foster care?* will assist managers and practitioners in family and childcare social work to make decisions based on sound evidence about where to place children and what sort of practice is likely to bring about the desired outcomes for children, birth relatives, foster carers and the adoptive family.

### What works in building resilience?

This is a new title in the series. It explores principles of resilience with extensive reference to published research. The weight of evidence suggests that incorporating resilience-promoting strategies in services to children and young people can make a real difference. The book explores what those strategies are in relation to different stages – early years, middle childhood, adolescence and early adulthood – and what the practical applications are. *What works in building resilience?* will offer all professionals in social care invaluable information to enable them to identify and implement factors that promote resilience in all phases of the life cycle.

### What works for troubled children?

This revised edition looks at developments in assessment, prevention projects and behavioural/cognitive behavioural interventions. It will be invaluable for front-line workers – social workers, teachers, health visitors – as well as managers and policy makers.

### What works for children and young people with harmful sexual behaviours?

This is a new title in the series and seeks to review strategies, interventions and approaches with children and young people who display harmful sexual behaviours. The book proposes a more consolidated, research-informed approach. It reviews both research findings and effective intervention strategies with adolescents who have sexually abused, pre-adolescent children with sexual behaviour problems, and families of children and young people with harmful sexual behaviours. It emphasises the need for supportive and empathic interventions which are developmentally sensitive. Bringing together the key messages of current literature, *What works for children and young people with harmful sexual behaviours?* will be an invaluable resource in enhancing professional approaches to harmful sexual behaviours.

### There are several more titles still in production:

*What works in leaving care?*  
*What works for parents with learning disabilities?*  
*What works in promoting the mental health of looked-after children?*  
*What works in strategic partnership?*

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